



Parents/Future Students of Century High School,

The Rochester Panthers Wrestling Club would like to invite all Pre-K-6th grade students interested in learning more about the sport of wrestling to 4 FREE introductory sessions that will be held prior to the 2017/18 wrestling season. All interested students are invited to participate in these sessions to learn more about the sport of wrestling and to get a chance to participate in the sport. Those that enjoy these sessions are encouraged to register for our regular season that begins on November 29th.

The Rochester Panthers Wrestling Club is a non-profit wrestling club that provides a youth wrestling program for youth in Pre-K through 6th grade within the Century High School boundaries. We provide instruction for experienced wrestlers as well as to those new to the sport. Our club encourages all youth that will be attending Century High School to register for our winter wrestling program.

Pre-registration will be held on Monday November 6th, 2016 from 6-8pm in the Century High School Wrestling room, or sign up before any of the free into practice sessions. Coaches will be available for questions at Pre-registration. We are looking forward to seeing many new faces in the program!

Any questions, please contact Coach Sky Royston (507) 398-9910, by email at rpsc@outlook.com or log onto <http://www.rpsc.net> and click Contact Us.

Thank you for your interest and support,

The Rochester Panthers Wrestling Club Board of Directors and Coaches.

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Free Intro to Wrestling Sessions!

November 7th, 9th, 14th, and 16th

6:00-7:00pm

Century High School Wrestling Room

2525 Viola Rd NE, Rochester, MN



This Free session is intended for those PreK-6th grade that are new to wrestling or want to get re-acquainted with the sport. We would encourage anyone that participates to continue on with our regular season.