

## MAYO YOUTH WRESTLING

### Team – Quad Invitational

**Date:** Sunday January 14<sup>th</sup>, 2018

**Weigh ins:** 12:00-12:45 – Scratch weights: Skin and fingernail checks will be done. (If someone has church or other time issue come when you can and check in with YOUR coach)

**Wrestling Starts:** 1:00 PM

**Location:** Mayo High School Gymnasium – Enter door # 6 located on the south end of the building with access from 11<sup>th</sup> AV SE or 16<sup>th</sup> St SE

**Fee:** \$175 per club – Unlimited number of wrestlers: No Admission charge for spectators.

**Food Concessions:** Yes

**Awards:** No awards.

### **How It will run:**

Three full sized mats. Two will be divided in ¼ size – One will be divided ½ size.

- **Round 1 - 1:00 PM – 2:00 PM**  
Goodhue VS John Marshall – North Mat and half of center mat  
Century VS Mayo - South Mat and half of center mat
- **Round 2 - 2:00- 3:00 PM**  
Century VS John Marshall– North Mat and half of center mat  
Goodhue VS Mayo - South Mat and half of center mat
- **Round 3 - 3:00 PM- 4 PM**  
Goodhue VS Century – North Mat and half of center Mat  
John Marshall VS Mayo - South Mat and half of center mat

Coaches from respective teams will coordinate matches based on common sense circumstances. Attempts will be made to get kids as many matches as possible.

Coaches may adjust times and mat assignments after evaluating the ages, weights and number of kids participating. Example: The center ½ mats may be used for all the older wrestlers so they can get as many matchups as possible in a short time and then we can do take down challenges / tournaments etc. to ensure they have a worthwhile experience.

Coaches from each team are responsible for making sure their own wrestlers get enough matches. (Note that last year many kids were ready to be done by round 3)