

MAYO YOUTH WRESTLING

Team – Quad Invitational

Date: Sunday January 20th, 2019

Weigh ins: 12:00-12:45 – Scratch weights: Skin and fingernail checks will be done. (If someone has church or other time issue come when you can and check in with YOUR coach)

Wrestling Starts: 1:00 PM

Location: Mayo High School Gymnasium – Enter door # 1 located off of 11 Av SE.

Fee: \$175 per club – Unlimited number of wrestlers: No Admission charge for spectators.

Food Concessions: Yes

Awards: No awards.

PURPOSE / PHILOSOPHY:

Mayo Youth Wrestling like many other clubs consists of kids of various talent and experience levels. We are again hosting this style team format tournament for the following reasons.

- 1) **Team Building:** All wrestlers in the club are included – Beginner thru advanced. No limit.
 - New wrestlers and parents can experience a team tournament setting without pressure.
 - Attempts will be made by all participating coaches to make it a fun and worthwhile event.
 - Coaches coach – Parents are in the stands or recruited as volunteers to help organize.

- 2) **How It will run:**

- Three full sized mats. Two will be divided in ¼ size – One will be divided ½ size.
- **Round 1 - 1:00 PM – 2:00 PM**
Team 1 VS Team 2 – North Mat and half of center mat
Team 3 VS Mayo - South Mat and half of center mat
- **Round 2 - 2:00- 3:00 PM**
Team 1 VS Team 3 – North Mat and half of center mat
Team 2 VS Mayo - South Mat and half of center mat
- **Round 3 - 3:00 PM- 4 PM**
Team 2 VS Team3 – North Mat and half of center Mat
Team 1 VS Mayo - South Mat and half of center mat

Coaches from respective teams will coordinate matches based on common sense circumstances. Attempts will be made to get kids as many matches as possible.

Coaches from each team are responsible for making sure their own wrestlers get enough matches.

Brad Nelson

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